

INDEPENDENCE XC: ALL-TIME STATE MEET RESULTS

2005: Kathy Kroeger* – AAA State Champion (17:31)

2006 GIRLS STATE			2006 BOYS STATE		
1	Kathy Kroeger*	16:59	13	Josh Helton*	16:46
70	Dacey Fisher	21:52			
135	Claudia Solano	23:25			
137	Jordan Burdette	23:26			
146	Nicolette Fonseca	23:54			
161	Elicia Burdette	24:33			
		15 th			---

2007 GIRLS STATE			2007 BOYS STATE		
1	Kathy Kroeger*	17:57	8	Josh Helton*	16:30
86	Dacey Fisher	22:25	115	Ryan Pett	18:40
109	Ellie Luze	22:55	140	Kyle Burton	19:05
110	Claudia Solano	22:56	151	Ben Jones	19:18
135	Nicolette Fonseca	23:38	166	Greg Lancaster	19:53
150	Jocelyn Giardinelli	24:05	181	Zach Luze	20:31
			186	Kolbe Andrzejewski	21:05
		15 th			20 th

2008 GIRLS STATE			2008 BOYS STATE		
1	Kathy Kroeger*	17:08	9	Josh Helton*	16:21
72	Ellie Luze	21:50	65	Ryan Pett	17:43
89	Kelsie Butts	22:16	79	Travis Carter	17:55
98	Dacey Fisher	22:26	114	Kolbe Andrzejewski	18:25
157	Nikki Davenport	24:24	132	Zach Luze	18:44
163	Nicolette Fonseca	24:34	137	Ben Jones	18:47
			170	Tyler Butts	19:41
		10 th			12 th

2009 GIRLS STATE			2009 BOYS STATE		
33	Jocelyn Giardinelli	20:53	47	Jared Wingerter	17:42
			62	Kris Howard	17:59
			69	Luke Hileman	18:07
			98	Ben Johns	18:36
			105	Ben Jones	18:43
			121	Travis Carter	19:00
			142	Blake Anthony	19:21
		---			11 th

2010 GIRLS STATE			2010 BOYS STATE		
22	Heidi Olson	20:14	12	Kris Howard*	16:25
25	Lizzy Kroeger	20:15	29	Jared Wingerter	16:57
66	Brenna Quinn	21:12	42	Luke Hileman	17:13
79	Jackie Sendewicz	21:27	43	Justin Barnard	17:13
86	Emily Crispi	21:37	54	Micah Howard	17:23
88	Morghan Jameson	21:46	93	Sean Irwin	17:54
161	Kelsie Butts	23:34	95	Samuel Howard	17:56
		6 th			5 th

* - All-State Performer

2011 GIRLS STATE				2011 BOYS STATE		
29	Brenna Quinn	20:20		13	Kris Howard*	16:37
67	Kelly Lesniak	21:26		22	Jared Wingerter	16:52
86	Jackie Sendewicz	21:56		53	Micah Howard	17:32
101	Mallory Jones	22:13		61	Ben Johns	17:39
117	Emily Crispi	22:41		83	Justin Barnard	17:52
145	Krista Bayer	23:45		123	Ahmad Abed	18:22
157	Morghan Jameson	24:26		140	Kurt Pierce	18:41
		13 th				6 th

2012 GIRLS STATE				2012 BOYS STATE		
11	Lizzy Kroeger*	19:54		24	Micah Howard	17:11
73	Brenna Quinn	22:04		39	Justin Barnard	17:31
94	Lexi Munoz	22:41		74	Braden Mayfield	18:08
107	Caitlin Overton	23:05		102	Kurt Pierce	18:33
130	Emily Crispi	23:44		110	Stedman Howard	18:47
131	Morghan Jameson	23:50		150	Kevin Pierce	19:21
177	Ellen Schultz	26:57		152	Oliver LaCroix	19:24
		12 th				9 th

2013 GIRLS STATE				2013 BOYS STATE		
2	Lizzy Kroeger*	18:35		48	Meyer Makemson	17:26
24	Addi Coggins	19:46		66	Parker Cherry	17:39
38	Lauren Blade	20:12		82	Jared Paine	17:55
70	Rachael Jameson	20:58		89	Braden Mayfield	18:05
71	Maria Botha	21:01		126	Ben Miller	18:29
87	Calli Coggins	21:30		140	Kevin Pierce	18:42
90	Moriah Sims	21:34		143	Yeneneh Seay	18:44
		4 th				12 th

2014 GIRLS STATE				2014 BOYS STATE		
21	Calli Coggins	19:43		56	Stedman Howard	17:23
25	Addi Coggins	19:47		63	Andrew Hendry	17:35
35	Lauren Blade	20:11		65	Parker Cherry	17:39
100	Maria Botha	21:45		94	Jared Paine	18:00
107	Moriah Sims	21:59		124	Yeneneh Seay	18:18
139	Ashton Northrup	23:04		138	Jake Reznicek	18:33
142	Peri McCoy	23:07		147	Ben Miller	18:47
		7 th				

2015 GIRLS STATE				2015 BOYS STATE		
4	Addi Coggins*	19:11		17	Meyer Makemson	16:37
				34	Harold LaCroix	16:51
				72	Stedman Howard	17:33
				80	Jared Paine	17:42
				108	Parker Cherry	18:04
				114	Andrew Hendry	18:10
				121	Keegan Reimer	18:16
		---				7 th

* - All-State Performer

2016 GIRLS STATE			2016 BOYS STATE		
4	Addi Coggins*	18:16	14	Meyer Makemson*	16:24
27	Sadie Cook	19:57	18	Harold LaCroix	16:38
62	Lauren Blade	20:51	100	Andrew Hendry	17:52
97	Kaitlyn Biggs	21:51	109	Isaac Reimer	17:58
122	Peri McCoy	22:35	121	Keegan Reimer	18:05
148	Abby Kemp	23:21	131	Cameron Moore	18:13
			139	Aidan Barton	18:22
		9 th			11 th

* - All-State Performer

INDEPENDENCE XC INDIVIDUAL RECORDS

Girls 5000m XC	Kathy Kroeger	2006	FL South: McAlpine Park (Charlotte, NC)	16:32
Girls @ Percy Warner Park	Kathy Kroeger	2006	The Steeplechase	16:59
Boys 5000m XC	Mayer Makemson	2015	Jesse Owens Invitational (Oakville, AL)	15:43
Boys @ Percy Warner Park	Jared Wingerter	2011	The Steeplechase	16:11

Team History

	GIRLS		BOYS	
	Region 6-AAA	TSSAA Meet	Region 6-AAA	TSSAA Meet
2005	4 th	---	9 th	---
2006	3 rd	15 th	4 th	---
2007	3 rd	15 th	2 nd	20 th
2008	2 nd	10 th	2 nd	12 th
2009	4 th	---	2 nd	11 th
2010	1 st	6 th	1 st	5 th
2011	3 rd	13 th	2 nd	6 th
2012	3 rd	12 th	2 nd	9 th
2013	2 nd	4 th	3 rd	12 th
2014	3 rd	7 th	3 rd	11 th
2015	4 th	---	2 nd	7 th
2016	3 rd	9 th	2 nd	11 th

ALL TIME ALL-MIDSTATE TEAM HONORS (CLASS AAA)

Independence joined the MSCCA in Fall 2008

2008	1 st place (MVP)	Kathy Kroeger
2008	11 th place	Ellie Luze
2008	2 nd place	Josh Helton
2008	11 th place	Ryan Pett
2009	5 th place	Jocelyn Giardinelli
2010	2 nd place	Heidi Olson
2010	4 th place	Lizzy Kroeger
2010	14 th place	Brenna Quinn
2010	4 th place	Kris Howard
2010	5 th place	Jared Wingerter
2010	10 th place	Luke Hileman

2010	13 th place	Micah Howard
2011	8 th place	Brenna Quinn
2011	2 nd place	Kris Howard
2011	3 rd place	Jared Wingerter
2011	11 th place	Justin Barnard
2011	15 th place	Micah Howard
2012	3 rd place	Lizzy Kroeger
2012	3 rd place	Micah Howard
2012	10 th place	Justin Barnard
2013	9 th place	Addi Coggins
2013	12 th place	Lauren Blade
2013	9 th place	Micah Howard*
2013	15 th place	Braden Mayfield
2014	6 th place	Addi Coggins
2014	8 th place	Calli Coggins
2015	8 th place	Addi Coggins
2015	9 th place	Meyer Makemson
2016	3 rd place	Addi Coggins*
2016	14 th place	Lauren Blade
2016	10 th place	Meyer Makemson
2016	12 th place	Harold LaCroix
2016	20 th place	Andrew Hendry

* - Also honored as 4-time AMS honoree

ALL TIME ALL-STATE TEAM HONORS (CLASS AAA)

2005	State Champ	Kathy Kroeger
2006	State Champ	Kathy Kroeger
2006	13 th place	Josh Helton
2007	State Champ	Kathy Kroeger
2007	8 th place	Josh Helton
2008	State Champ	Kathy Kroeger
2008	9 th place	Josh Helton
2010	12 th place	Kris Howard
2011	13 th place	Kris Howard
2012	11 th place	Lizzy Kroeger
2013	State Runner-Up	Lizzy Kroeger
2015	4 th place	Addi Coggins
2016	4 th place	Addi Coggins
2016	14 th place	Meyer Makemson

All Time Coaches

Girls Head Coaches	
Kristen Reames	2005-2008
Mike Winstead	2009
Mollye Hague	2010-2013
Stephanie Forshaw	2014
Jaron Byrum	2015 to present
Boys Head Coaches	
Matt Engle	2005-2006
Luke Finley	2007 to present
Boys Assistant Coaches	
Ryan Lowry	2010
Ryan Pett	2015 to present