

INDEPENDENCE EAGLES TRACK & FIELD SCHOOL RECORD BOARD



BOYS

Event	Year	Name(s)	Mark/Time
Shot Put	2015	Connor Weed	43' 2"
Discus	2014	Deion Sims	136' 0"
High Jump	2007	Josh Turner	6' 2"
Pole Vault	2012	Austin Billings	12' 6"
Long Jump	2014	Finis Stribling	23' 4.75"
Triple Jump	2014	Nathan Johnson	45' 9"
100 Meter Dash	2014	Dom Childress	10.68
200 Meter Dash	2014	Vic Wharton	21.66
400 Meter Run	2013	Finis Stribling	48.01
800 Meter Run	2011	Josh Martin	1:55.93
1600 Meter Run	2011	Kris Howard	4:16.62
3200 Meter Run	2011	Kris Howard	9:25.96
110 Meter High Hurdles	2013	Austin Billings	15.46
300 Meter High Hurdles	2008	Dennis Rockholt	40.90
4x100 Meter Relay	2014	V. Wharton – F. Stribling – R. Gaulden – D. Childress	41.99
4x200 Meter Relay	2010	R. Ellison – J. Ryan – H. Garst – B. Boatman	1:27.94
4x400 Meter Relay	2013	B. Mayfield – R. Gaulden – V. Wharton – F. Stribling	3:19.13
4x800 Meter Relay	2012	K. Howard – A. Abed – J. Martin – M. Howard	7:56.80
4x1600 Meter Relay	2015	M. Makemson – J. Reznicek – H. LaCroix – Z. Perrin	19:15.40
Sprint Medley Relay	2014	D. Childress – R. Gaulden – V. Wharton – F. Stribling	1:34.86
Distance Medley Relay	2012	J. Wingerter – F. Stribling – B. Mayfield – K. Howard	10:42.63
Decathlon	2012	Austin Billings (11.83; 114' 4"; 42' 0.5"; 12' 6"; 52.23; 16.01; 19' 8"; 38' 9.75"; 5' 7.75"; 4:49.63)	6,173
5000 Meters (XC)	2011	Jared Wingerter	15:48

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GIRLS

Event	Year	Name(s)	Mark/Time
Shot Put	2015	Hannah Johnson	31' 1.25"
Discus	2015	Hannah Johnson	121' 10.5"
High Jump	2011	Ashley Wengerter	5' 6"
Pole Vault	2010	Amelya Galardi	6' 6"
Long Jump	2013	Ashley Weathers	16' 11.5"
Triple Jump	2009	Hilary Yeh	33' 4"
100 Meter Dash	2011	Allana Turner	12.61
200 Meter Dash	2013	Torian Lane	26.30
400 Meter Run	2011	Lauren Stoll	1:01.26
800 Meter Run	2014	Lizzy Kroeger	2:16.87
1600 Meter Run	2006	Kathy Kroeger	4:51.93
3200 Meter Run	2008	Kathy Kroeger	10:26.28
100 Meter High Hurdles	2012	Myranda Ham	15.96
300 Meter High Hurdles	2012	Myranda Ham	46.94
4x100 Meter Relay	2011	M. Jackson – T. Lane – A. Sellars – A. Turner	49.21
4x200 Meter Relay	2011	A. Turner – A. Sellars – A. Wengerter – M. Jackson	1:44.54
4x400 Meter Relay	2014	R. Fowler – L. Kroeger – A. Coggins – B. Hughes	4:04.04
4x800 Meter Relay	2014	A. Coggins – C. Coggins – M. Botha – L. Kroeger	9:43.50
Sprint Medley Relay	2011	A. Turner – A. Sellars – T. Lane – L. Stoll	1:55.55
Distance Medley Relay	2011	L. Kroeger – C. Windrow – J. Sendewicz – H. Olson	13:19.97
Pentathlon	2011	Ashley Wengerter (16.63; 15' 11.5"; 24' 6.25"; 5' 6"; 2:48.76)	2,833
5000 Meters (XC)	2006	Kathy Kroeger	16:32

INDEPENDENCE EAGLES TRACK & FIELD STATE MEET HISTORY

2006 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Girls 1600	Kathy Kroeger	1 st	1 st	4:51.93
Girls 3200	Kathy Kroeger	1 st	1 st	10:33.02
Girls 4x800 Relay	Kathy Kroeger, Dacey Fisher, Jordan Burdette, Ali Eisnaugle	4 th	15 th	10:27.28
Boys 1600	Josh Helton	4 th	13 th	4:34.12
Boys 3200	Josh Helton	4 th	12 th	9:58.08

2007 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Boys 800	Josh Helton	2 nd	12 th	1:59.56
Boys 1600	Josh Helton	2 nd	8 th	4:26.31
Boys 3200	Josh Helton	2 nd	5 th	9:39.95
Boys High Jump	Josh Turner	3 rd	12 th	6' 2"

2008 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Girls 1600	Kathy Kroeger	1 st	1 st	4:55.62
Girls 3200	Kathy Kroeger	1 st	1 st	10:26.28
Girls 4x800 Relay	Kathy Kroeger, Dacey Fisher, Maegen Gundy, Jocelyn Giardinelli	2 nd	15 th	10:17.18
Boys 800	Josh Helton	4 th	7 th	1:56.51
Boys 1600	Josh Helton	2 nd	3 rd	4:20.00
Boys 3200	Josh Helton	2 nd	DNR	9:42.90
Boys 300 IH	Dennis Rockholt	4 th	16 th (fell)	40.90
Boys 4x800 Relay	Josh Helton, Travis Carter, Greg Lancaster, Ryan Pett	4 th	14 th	8:19.39

2009 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Girls High Jump	Brittany Woods	3 rd	9 th	5' 2"
Girls 4x800 Relay	Jocelyn Giardinelli, Dacey Fisher, Nikki Davenport, Maegen Gundy	4 th	15 th	10:34.04
Boys 400	Johnathan Norman	3 rd	10 th	50.10
Boys 800	Josh Helton	3 rd	15 th	2:00.32
Boys 1600	Ryan Pett	2 nd	8 th	4:28.32
Boys 4x200 Relay	Jay Ryan, Brandon Boatman, Kaleb Markey, RJ Ellison	3 rd	8 th	1:29.28
Boys 4x400 Relay	Jay Ryan, RJ Ellison, Carter Johnson, Johnathan Norman	1 st	3 rd	3:21.84
Boys 4x800 Relay	Johnathan Norman, Kris Howard, Travis Carter, Josh Helton, Josh Martin	3 rd	6 th	8:15.19

2010 STATE MEET QUALIFIERS

EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Girls Pentathlon	Brittany Woods	2 nd	7 th	2,822
Girls High Jump	Ashley Wengerter	1 st	13 th	5' 2"
Girls High Jump	Brittany Woods	3 rd	6 th (tie)	5' 2"
Girls 200	Allana Turner	3 rd	15 th	26.57
Girls 4x200	Brittany Woods, Lauren Stoll, Ashley Wengerter, Allana Turner	4 th	16 th	1:46.88
Girls 4x800	Jackie Sendewicz, Jocelyn Giardinelli, Emily Pett, Maegan Gundy	3 rd	13 th	10:14.65
Boys 400	RJ Ellison	3 rd	8 th	49.33
Boys 1600	Kris Howard	4 th	7 th	4:24.86
Boys 4x100	Brandon Boatman, Jay Ryan, Hunter Garst, RJ Ellison	3 rd	9 th	43.19
Boys 4x200	Jay Ryan, RJ Ellison, Hunter Garst, Brandon Boatman, Jalen Wade	1 st	1 st	1:27.94
Boys 4x400	Jay Ryan, Josh Martin, Brandon Boatman, RJ Ellison	1 st	1 st	3:20.00
Boys 4x800	Josh Martin, Ahmad Abed, Sean Irwin, Travis Carter	1 st	9 th	8:21.22

2011 STATE MEET QUALIFIERS

EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Girls Pentathlon	Ashley Wengerter	2 nd	8 th	2,833
Boys Decathlon	Austin Billings	3 rd	11 th	5,672
Girls High Jump	Ashley Wengerter	1 st	6 th	5' 6"
Girls 3200	Heidi Olson	2 nd	6 th	11:19.2
Girls 3200	Lizzy Kroeger	3 rd	5 th	11:19.2
Boys 3200	Kris Howard	3 rd	6 th	9:25.96
Boys 3200	Jared Wingerter	4 th	12 th	9:44.84
Girls High Hurdles	Ashley Wengerter	4 th	11 th	16.07
Girls 100	Allana Turner	4 th	7 th	12.61
Girls 1600	Lizzy Kroeger	3 rd	4 th	5:11.44
Boys 1600	Kris Howard	3 rd	8 th	4:23.78
Boys 400	RJ Ellison	1 st	2 nd	48.43
Boys 800	Josh Martin	2 nd	DNR	1:58.07
Girls 4x100	Allana Turner, Andie Sellars, Torian Lane, Morgan Jackson	2 nd	12 th	49.21
Girls 4x200	Allana Turner, Andie Sellars, Ashley Wengerter, Morgan Jackson	1 st	8 th	1:44.54
Girls 4x400	Morgan Jackson, Ashley Wengerter, Tiffani Colvin, Lauren Stoll	4 th	7 th	4:04.32
Girls 4x800	Tiffani Colvin, Brenna Quinn, Morghan Jameson, Jackie Sendewicz	4 th	9 th	10:00.43
Boys 4x400	Jalen Wade, Finis Stribling, Josh Martin, RJ Ellison	1 st	2 nd	3:22.22
Boys 4x800	Josh Martin, Luke Hileman, Ahmad Abed, Micah Howard	1 st	6 th	8:07.58

2012 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Boys Decathlon	Austin Billings	4 th	7 th	6,173
Girls 3200	Lizzy Kroeger	2 nd	4 th	11:11.07
Boys 3200	Kris Howard	2 nd	6 th	9:30.40
Boys 3200	Jared Wingerter	4 th	11 th	9:33.13
Girls High Hurdles	Myranda Ham	4 th	15 th	16.60
Girls 4x800	Kelly Lesniak, Jackie Sendewicz, McKenna Pierce, Brenna Quinn	3 rd	10 th	9:49.29
Boys 4x800	Kris Howard, Ahmad Abed, Josh Martin, Micah Howard, Braden Mayfield	1 st	1 st	7:56.80
Girls 1600	Lizzy Kroeger	2 nd	1 st	5:02.88
Boys 1600	Kris Howard	2 nd	6 th	4:22.69
Boys 1600	Jared Wingerter	4 th	13 th	4:27.50
Boys 400	Finis Stribling	4 th	2 nd	48.72
Girls 300 IH	Myranda Ham	4 th	10 th	46.94
Boys 800	Josh Martin	3 rd	15 th	1:56.27
Boys 4x400	Micah Howard, Austin Billings, Braden Mayfield, Finis Stribling	3 rd	4 th	3:22.37

2013 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Boys Decathlon	Austin Billings	3 rd	3 rd	5,898
Girls 3200	Lizzy Kroeger	2 nd	6 th	11:15.57
Boys High Hurdles	Austin Billings	4 th	13 th	15.46
Boys 4x100	Kameron Berg, Finis Stribling, Rashaan Gaulden, Victor Wharton	1 st	2 nd	42.34
Boys 4x800	Braden Mayfield, Justin Barnard, Rashaan Gaulden, Micah Howard	4 th	5 th	8:08.37
Girls 1600	Lizzy Kroeger	1 st	1 st	5:05.57
Boys 4x200	Kameron Berg, Dom Childress, Jalen Wade, Rashaan Gaulden	1 st	6 th	1:29.06
Boys 400	Finis Stribling	2 nd	1 st	48.01
Boys 200	Finis Stribling	2 nd	8 th	21.78
Boys 4x400	Braden Mayfield, Rashaan Gaulden, Victor Wharton, Finis Stribling	1 st	1 st	3:19:13

2014 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Boys Triple Jump	Nathan Johnson	1 st	4th	45' 5"
Boys Discus	Deion Sims	3 rd	15 th	136' 0"
Girls High Jump	Moriah Sims	4 th	14 th	5' 2"
Boys 4x100	Victor Wharton, Finis Stribling, Rashaan Gaulden, Dom Childress	1 st	DNR	41.99
Girls 4x800	Maria Botha, Rachael Jameson, Calli Coggins, Addi Coggins	4 th	8th	9:43.50
Boys 100	Dom Childress	1 st	2nd	10.68
Boys 100	Victor Wharton	3 rd	7th	10.77
Girls 1600	Lizzy Kroeger	1 st	1 st	4:56.19*
Boys 4x200	Victor Wharton, Rashaan Gaulden, Kylan Stribling, Finis Stribling	2 nd	4th	1:28.35
Boys 400	Finis Stribling	2 nd	DNR	49.36
Girls 800	Lizzy Kroeger	2 nd	5th	2:16.87
Boys 200	Victor Wharton	1 st	DNR	21.66
Boys 200	Dom Childress	2 nd	DNR	22.27
Girls 4x400	Reese Fowler, Lizzy Kroeger, Addi Coggins, Brooke Hughes	3 rd	10 th	4:04.04
Boys 4x400	Braden Mayfield, Kylan Stribling, Rashaan Gaulden, Finis Stribling	4 th	3rd	3:21.18

2015 STATE MEET QUALIFIERS				
EVENT	QUALIFIERS	SECTIONAL PLACE	STATE PLACE	SEASON'S BEST
Boys Triple Jump	Nathan Johnson	1 st	4th	45' 9"
Girls Discus	Hannah Johnson	2 nd	7th	121' 10.5"
Girls 4x800	Addi Coggins, Lexi Blade, Maria Botha, Calli Coggins	3 rd	5th	9:44.95
Girls 800m	Calli Coggins	3 rd	7th	2:21.16

STATE MEET ALL TIME QUALIFYING EVENTS	
BOYS	100, 200, 400, 800, 1600, 3200, 100 HH, 300 IH, 4x100, 4x200, 4x400, 4x800, HJ, TJ, DT, Decathlon
GIRLS	100, 200, 800, 1600, 3200, 100 HH, 300 IH, 4x100, 4x200, 4x400, 4x800, HJ, DT, Pentathlon

SECTION 3-AAA TEAM FINISHES

Year	Team	Points	Team Place	Team	Points	Team Place
2006	Girls	25	10 th of 30	Boys	12.5	15 th of 30
2007	Girls	12	21 st of 30	Boys	36	9 th of 30
2008	Girls	43	5 th of 30	Boys	45.5	6 th of 30
2009	Girls	26	10 th of 29	Boys	56	5 th of 29
2010	Girls	51	4 th of 30	Boys	61	3 rd of 30
2011	Girls	77.5	2 nd of 30	Boys	74	2 nd of 30
2012	Girls	46	6 th of 30	Boys	61	3 rd of 30
2013	Girls	20	12 th of 30	Boys	90	3 rd of 30
2014	Girls	39	6 th of 30	Boys	89	3 rd of 30
2015	Girls	24	10 th of 30	Boys	21	9 th of 30

ALL TIME STATE MEDALISTS

BOYS	<p>9: Finis Stribling (2011: 4x400; 2012: 400 and 4x400; 2013: 4x100, 4x400, 400 and 200; 2014: 4x200 and 4x400)</p> <p>7: RJ Ellison (2009: 4x200 and 4x400, 2010: 4x200 and 4x400, 400m; 2011: 400m and 4x400)</p> <p>7: Kris Howard (2009: 4x800, 2010: 1600m, 2011: 1600m and 3200m; 2012: 3200m, 4x800 and 1600m)</p> <p>6: Rashaan Gaulden (2013: 4x100, 4x800, 4x200, 4x400; 2014: 4x200 and 4x400)</p> <p>5: Josh Helton (2007: 3200m and 1600m, 2008: 1600m and 800m, 2009: 4x800)</p> <p>4: Jay Ryan (2009: 4x200 and 4x400, 2010: 4x200 and 4x400)</p> <p>4: Josh Martin (2010: 4x400, 2011: 4x800 and 4x400, 2012: 4x800)</p> <p>4: Micah Howard (2011: 4x800, 2012: 4x800 and 4x400; 2013: 4x800)</p> <p>4: Braden Mayfield (2012: 4x400; 2013: 4x400 and 4x800; 2014: 4x400)</p> <p>4: Victor Wharton (2013: 4x100; 4x400; 2014: 4x200 and 100m)</p> <p>3: Brandon Boatman (2009: 4x200, 2010: 4x200 and 4x400)</p> <p>3: Austin Billings (2012: Decathlon and 4x400; 2013: Decathlon)</p> <p>2: Kameron Berg (2013: 4x100 and 4x200)</p> <p>2: Johnathan Norman (2009: 4x800 and 4x400)</p> <p>2: Ahmad Abed (2011: 4x800, 2012: 4x800)</p> <p>2: Jalen Wade (2011: 4x400; 2013: 4x200)</p> <p>2: Dom Childress (2013: 4x200; 2014: 100m)</p> <p>2: Kylan Stribling (2014: 4x200 and 4x400)</p> <p>2: Nathan Johnson (2014 and 2015: Triple Jump)</p> <p>1: Kaleb Markey (4x200), Travis Carter (4x800), Carter Johnson (4x400), Ryan Pett (1600m), Hunter Garst (4x200), Luke Hileman (4x800), Justin Barnard (4x800)</p>
GIRLS	<p>8: Lizzy Kroeger (2011: 3200m and 1600m; 2012: 3200m and 1600m; 2013: 3200m and 1600m; 2014: 1600m and 800m)</p> <p>4: Kathy Kroeger (2006: 3200m and 1600m; 2008: 3200m and 1600m)</p> <p>4: Ashley Wengerter (2011: Pentathlon, High Jump, 4x200 and 4x400)</p> <p>3: Calli Coggins (2014: 4x800; 2015: 4x800 and 800)</p> <p>2: Brittany Woods (2010: Pentathlon & High Jump), Morgan Jackson (2011: 4x200 & 4x400), Allana Turner (2011: 100m & 4x200); Maria Botha (2014: 4x800; 2015: 4x800); Addi Coggins (2014: 4x800; 2015: 4x800)</p> <p>1: Heidi Olson (3200m), Tiffani Colvin (4x400), Lauren Stoll (4x400), Andie Sellars (4x200); Rachael Jameson (4x800); Lexi Blade (4x800); Hannah Johnson (Discus)</p>

ALL TIME STATE CHAMPIONS	
BOYS	2010: 4x200m Relay (RJ Ellison, Jay Ryan, Hunter Garst, Brandon Boatman) – 1:27.94 2010: 4x400m Relay (Jay Ryan, Josh Martin, Brandon Boatman, RJ Ellison) – 3:20.00 2012: 4x800m Relay (Kris Howard, Ahmad Abed, Josh Martin, Micah Howard) – 7:56.80 2013: 4x400m Relay (Braden Mayfield, Rashaan Gaulden, Victor Wharton, Finis Stribling) – 3:19.13 2013: Finis Stribling – 400m Champion (48.01) <i>*-All 4 relays and Finis Stribling had the fastest times in all 3 TSSAA classifications</i>
GIRLS	2006: Kathy Kroeger – 3200m Champion (10:42.48); 1600m Champion (4:51.93) 2008: Kathy Kroeger – 3200m Champion (10:49.89); 1600m Champion (4:55.62) 2012: Lizzy Kroeger – 1600m Champion (5:02.88) 2013: Lizzy Kroeger – 1600m Champion (5:05.57) 2014: Lizzy Kroeger – 1600m Champion (5:00.18) <i>*-All seven titles were the fastest times in all 3 TSSAA classifications</i>

TSSAA STATE RECORDS	
GIRLS	3200m: Kathy Kroeger (10:26.28) in 2008

TIMING and RECORD KEEPING DETAILS

- All records are FAT timing with the exception of the boys sprint medley relay and both cross country 5k records. Hand times are subject to a large degree of human error, and as such, are inferior to any fully automated timing (FAT) marks. Times officially reported to the hundredths place (like “35.33”) are FAT times.
- The accepted method for “converting” a hand time to an FAT time in sprint races is to take the hand time, round it up to the next nearest tenth, and then to add 0.24 seconds. This time is considered to be “FAT converted”, and is a close approximation to an FAT time. For example, a local track meet where you have an 11.52 on your stopwatch would be reported as an 11.84 FAT converted. So if someone were to run 11.75 FAT, that would definitely displace an 11.6 hand time.
- FAT is not considered to be quite as crucial in distance races but is still required for *any* state record over any distance.
- We only use open race times for all current individual records.
- We would next annex the 2000m steeplechase and the shuttle hurdle relay records should we run those a few more times.
- The board is updated on a regular basis. The board is currently updated **through 5-21-15**.

IHS record board has always been kept and maintained by Luke Finley, lukef@wcs.edu